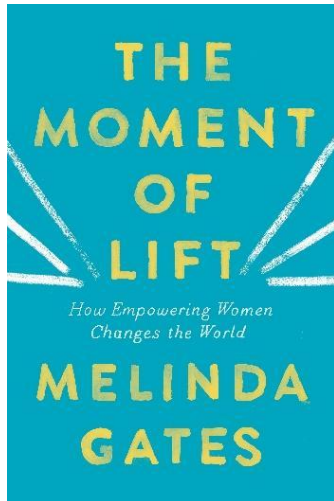


## Book Reviews

### “The Moment of Life : How Empowering Women Changes the World” by Melinda French Gates

Reviewed by Rita Malavisi



Over the summer holidays I was browsing for a book to read, and this one came up as “popular”. “Why not?” I thought.

It was an easy read, delightful and inspiring. I have a confession to make. As I need to read for study and professional development, for pleasure I listen to audio books, and this one is narrated by the author – and that’s always a treat.

Driven by the belief that no one should be excluded, this book is a personal statement of conviction.

Maybe you won’t agree with all Melinda’s choices or actions, but that moment of empowering someone else is indeed the “Moment of Lift”. It helped me to question, “when do I build up others in my life?”

### “The Life You Can Save” by Peter Singer

Reviewed by Marlene Foote

Having not encountered Peter Singer’s writings before (yes, I hear you ask, “have you lived under a rock for the last 10 years?”) it was with intrigue and curiosity that I read his compelling arguments about the urgency of responding to world poverty.

Singer also examines the progress we’re all making and shares engaging stories, however, be aware, reading this book will send you on a life-changing roller-coaster ride and it will be impossible to remain complacent!

I was encouraged by the fact that despite being an atheist, Singer very clearly refers to Christianity (and also other faiths), reminding us of our collective belief and moral obligation to “do unto others as you would have them do unto you”.

The core of this book is a sincere reminder to live ethically with the resources we each have to “aid the world’s poorest people” and to “do something significantly more than you have been doing so far”.

