

## Tim Moloney CFC reviews 'Grace' by Michael Casey OCSO

Many travellers to Tarrawarra Abbey would know Michael Casey and value his wisdom and scholarly approach to spirituality. Michael invites the reader to listen to the voice of God in their heart and to look back and wonder at what God has done in their life. He invites the reader to look at the way Grace appears in one's life, whether it appears in the dark recesses or in the places of great life and see that whatever comes is a gift from God and not the result of our actions.

Michael approaches *Grace: On the Journey to God* from so many angles starting from discontinuity and desire through to community and communion.

These last two themes appealed to me. He invites the reader to ponder that one is given gifts to share with others. We are the better for sharing who we are in our strengths and our weaknesses. As Michael says, we do not travel alone, we travel together (p199, *Paraclete* 2018). This journey was started by our ancestors and will be continued by generations to come.

Michael writes in an engaging and uncomplicated manner which is very accessible. I recommend this book highly.

