

Book Review

Supervision of Spiritual Director: Engaging in Holy Mystery

Edited by Mary Rose Bumpus and Rebecca Bradburn Langer

In a time when the ministry of spiritual direction is flourishing, this volume offers a thoughtful and much needed companion for those who support the supporters, the supervisors who hold space for directors as they navigate the sacred work of accompanying others. *Supervision of Spiritual Directors: Engaging in Holy Mystery* gathers diverse voices who speak with clarity, humility, and depth about what supervision truly asks of us.

The essays open a spacious understanding of supervision: not as a technical or evaluative function, but as a contemplative ministry grounded in reverence for the movements of the Spirit. The authors explore themes such as ethical discernment, sexuality, cultural diversity, boundaries, and the unique needs of beginning directors, reminding us that supervision is a living conversation shaped by real human experience. Practical tools, including contemplative reflection forms and supervision models, help translate this wisdom into everyday practice.

What gives the book its heart is the conviction that supervision is itself an act of holy listening. Here, the supervisor becomes a steady, non-intrusive presence, one who helps the director recognise God's invitations, clarify their interior movements, and attend to the well being of the directee. It is a ministry offered with open hands, attentive presence, and a willingness to sit with the mystery of another's unfolding.

For our CSD community, this book offers more than information, it offers an invitation. Those who sense a quiet stirring, a gentle readiness to accompany directors in their ministry, may find in these pages full of both encouragement and guidance. It invites us to imagine how our own gifts of discernment, compassion, and contemplative awareness might deepen into the ministry of supervision.

